Homeopathic Management of Typhoid Fever Based on Symptomatology : A Comprehensive chamber based Study

Dr.Md.Ferdous , [www.drmdferdous.com](http://www.drmdferdous.com) .

**Abstract:** Typhoid fever, a widespread infectious disease in Bangladesh, particularly in rural areas with limited medical resources. This Assessment aimed to investigate the dynamic efficiency of homeopathic treatments for typhoid fever based on symptomatology and the concept of SIMILIA along with chronic Miasms, as proposed by Dr. Samuel Hahnemann, the founder of homeopathy. Collaborating with Gazi Diagnostic Center, a government-approved facility (License No: HSM4523417), this study analyzed the treatment outcomes of patients with typhoid fever over a couple of years period .

**Introduction:** Typhoid fever remains a significant public health concern in countries like Bangladesh, with rural regions often facing limited medical infrastructure. Conventional allopathic approach with several antibiotics , which may result in recurring infections. Homeopathy, with its individualized approach, offers an alternative medication based on patient symptomatology and the concept of Similia.

**Keywords:** Typhoid fever, homeopathy, symptomatology, chronic miasm, individualized treatment, rural healthcare, treatment outcomes, patient care.

**Methods:** A comprehensive study was conducted at Gazi Diagnostic Center, Alipur Bazar, Dashmina, Patuakhali-8630, Bangladesh. Patients presenting with Widal Test and triple antigen test parameters TO-1:160-320, TH-1:160-320 , BH-1: 160, AH-1:160, OX2: 1:160, OX19-1:160 OXK 1:160 were included in the study. Patient’s symptoms may found a total of 50 patients were enrolled and treated with homeopathic remedies chosen based on individual symptomatology and chronic miasm analysis. Treatment outcomes were tracked over a two-year period.

**Discussion:** The study's findings support the similia that homeopathic treatment guided by symptomatology and chronic miasm analysis offers promising results in managing typhoid fever. In this assessments we have studied on several patients variable of age, sex, duration . We have studied medicine from murphy’s Repertory that my include these medicine under this rubric as per symptomology

**Diseases - TYPHOID, fever**

absin. *Acet-ac.* aesc-g. **AGAR.** ail. *Alum. Alumin.* am-c. anac. ant-t. anthraci. **APIS** *Apoc.* arg-n. **ARN. ARS. ARUM-T.** *Asar.* astac. *Atro.* aur. **BAPT.** *Bar-c.* **BELL.** *Berb.* borx. **BRY.** *Calad.* **CALC.** *Camph. Canth. Caps.* carb-ac. *Carb-an.* **CARB-V.** castm. *Cham. Chel.* chim. **CHIN.** *Chinin-ar. Chinin-s.* chlf. **CHLOR.** *Cic. Cimic.* cinnm. cit-l. coca *Cocc.* coff. **COLCH.** con. croc. **CROT-H.** cupr. dig. dor. dulc. **ECHI.** erig. *Eucal. Eup-per.* ferr-m. **FERR.** *Fl-ac.* **GELS.** glon. *Gymno. Ham. Hell.* hep. *Hippoz. Hydr-ac.* hydr. **HYOS.** ign. *Iod.* ip. *Iris Kali-c. Kali-m. Kali-p. Kreos.* **LACH.** lachn. *Laur.* lept. **LYC.** *Mag-p. Manc.* meli. merc-c. **MERC-CY.** merc-d. *Merc. Mosch.* **MUR-AC.** nat-m. **NIT-AC.** *Nit-s-d. Nux-m. Nux-v.* **OP.** ox-ac. petr. **PH-AC. PHOS.** pic-ac. *Psor.* puls. *Pyrog.* ran-s. **RHUS-T.** *Rhus-v.* samb. *Sec.* sel. *Sep. Sil. Sin-n.* spong. staph. **STRAM.** *Sul-ac.* **SULPH.** *Tarax.* **TER.** *Urt-u.* **VALER.** *Verat-v.* **VERAT. ZINC.** zing.

Along with these group of medicine we have investigate few medicine like Bryonia, Rhus Tox, Arsenic Alb, merc , gels and Baptisia .

when a patients come to us with headache, high fever, and rheumatism we advice Widal test, Tripple Antigents, Aso-Triter, and CRP. those who are found infected we applied medicine as per this symptoms below

Btyonia Album :

Delirium; wants to go home; *talks of business*. Drawing in bones towards zygoma. Headache; worse on motion, even of eyeballs. Frontal headache, frontal sinuses involved. *Lips parched, dry, cracked. Dryness of mouth, tongue, and throat, with excessive thirst*. *Nausea and faintness when rising up.* Easy, profuse perspiration. Rheumatic and typhoid marked by gastro-hepatic complications. *Worse*, warmth, any motion, morning, eating, hot weather, exertion, touch. Cannot sit up; gets faint and sick. *Better*, lying on *painful side, pressure, rest, cold things*.

Rhus Tox

Listless, sad. Thoughts of suicide. *Extreme restlessness, with continued change of position*. Delirium, with fear of being poisoned (*Hyos*). *Sensorium becomes cloudy. Great apprehension at night, cannot remain in bed*. Feels as if a board were strapped on the forehead. Vertigo when rising. *Heavy* head. Tongue red and cracked; *coated, except red triangular space at the tip*; dry and red at edges. Want of appetite for any kind of food, with unquenchable thirst. *Bitter taste* (*Cupr*). Nausea, vertigo, and bloated abdomen after eating. *Desire for milk*. Great thirst, with dry mouth and throat. Pressure as from a stone. (*Bry; Ars*) *Drowsy after eating*. tongue dry and brown; sordes; bowels loose; great restlessness. Intermittent; chill, with dry cough and restlessness. During heat, urticaria. Hydroa. Chilly, as if cold water were poured over him, followed by heat and inclination to stretch the limbs. *Worse*, during sleep, cold, wet rainy weather and after rain; at night, *during rest*, drenching, when lying on back or right side.

Arsenic Alb:

*Great anguish and restlessness. Changes place continually. Fears*, of death, of being left alone. Headaches relieves by cold, other symptoms worse. Periodical burning pains, with *restlessness*; with cold skin. Hemicrania, with icy feeling of scalp and great weakness. *Cannot bear the sight or smell of food. Great thirst; drinks much, but little at a time*. *Ill effects of vegetable diet, melons, and watery fruits generally*. Craves milk. *Periodicity marked with adynamia*

*According to these symptoms and maintaining similarity with patients we applied Bry, Rhus, Ars and others medicine. Bryonia is the most used remedy in my chamber for typhoid disease . when we find constipation , thirst and coated on the tongue it is perfect remedy we may mention. When we notice of ailments from rain or jealousyand aggravated with night and sensitive to cold environment Rhus tox work well . Burning pain , restlessness , headache with fear of death and miserly peoples are cured by arsenic alb .*

*I fould that these medicine effective in typhoid fever but without particular symptoms of medicine using medicine with investigation is useless . so using medicine for any disease we should stand with law of similia and mandatory to follow 3 law of homoeopathy that is*

1. *Similar medicine ; a medicine should choice as per symptoms of patients but never considering pathology . although pathology is essential for judging condition of disease and for evidence .*
2. *Single remedy ; a medicine should apply at a time .*
3. *Potentize medicine; minute dose should be applied with distilled water.*

*N.B : We used other medicine while completed the symptoms of present medicine and appeared new symptoms .*

**Results:** Out of the 50 patients treated, significant positive outcomes were observed. The treatment efficacy was as follows:

* 50% of patients achieved cure with Bryonia
* 30% of patients responded favorably to Rhus Tox
* 10% of patients experienced recovery with Arsenic Alb
* 10% of patients exhibited improvement with various other medicines based on symptomatology

**Limitation:** This assessment may not applied widely . Random patients not more than 100 responded . only 5-10 medicine have been considered but more than 40000 plus medicine needed further investigation . This study should in hospital but no Homoeipathic Hospital facility in Bangladesh for research.

**Acknowledgments:** The authors express their gratitude to Gazi Diagnostic Center for their collaboration and assistance in conducting this research by Dr. Md. Ferdous , Lecturer- Nangolkot Hazi Badsha Amena Homoeopathic Medical College and Hospital, Cumilla. This study was made possible by the dedication and participation of the patients who contributed to the data collection process.

**Author Information:** Dr.Md.Ferdous DHMS (Dhaka) BHMS(DU-in course) MPH(RCH) CMU 01681519799